

Name	Best of best 1	Target Decrease 7.5%	Target Decrease 10%	2nd time	Rank (over-all time)	Ranked % Decrease
Boozer	23:11.0	21:26.7	20:51.9	14:13.0	4	-38.68%
Mark E	18:30.0	17:06.8	16:39.0	11:28.0	1	-38.02%
Paul D	29:04.0	26:53.2	26:09.6	21:05.0	17	-27.47%
Jay H	26:04.0	24:06.7	23:27.6	19:14.0	12	-26.21%
Lemon	22:09.0	20:29.3	19:56.1	16:22.0	6	-26.11%
Colin	24:09.0	22:20.3	21:44.1	17:56.0	9	-25.74%
Tom B	29:48.0	27:33.9	26:49.2	22:15.0	18	-25.34%
Callum S	19:05.0	17:39.1	17:10.5	14:20.0	5	-24.89%
Steve W	25:45.0	23:49.1	23:10.5	19:22.0	15	-24.79%
Dan L	17:10.0	15:52.8	15:27.0	13:15.0	3	-22.82%
Iwan	29:52.0	27:37.6	26:52.8	23:40.0	19	-20.76%
Ben O	15:03.0	13:55.3	13:32.7	12:23.0	2	-17.72%
Lawrence	20:24.0	18:52.2	18:21.6	18:17.0	10	-10.38%
Chris H	18:17.0	16:54.7	16:27.3	16:28.0	7	-9.94%
Rich	0	00:00.0	00:00.0	17:31.7	8	0.00%
Liam H	29:30.0	27:17.3	26:33.0	18:17.0	11	-38.02%
Anthony E	0	00:00.0	00:00.0	19:18.0	13	0.00%
Lee	0	00:00.0	00:00.0	19:20.0	14	0.00%
Spencer L	0	00:00.0	00:00.0	20:25.0	16	0.00%
Adam B	29:53.0	27:38.5	26:53.7	24:09.0	20	-19.19%
Tom LJ	27:56.0	25:50.3	25:08.4	24:40.0	21	-11.69%
Arwyn	25:36.0	23:40.8	23:02.4	25:36.0	22	0.00%
Alex	0	00:00.0	00:00.0	26:28.0	23	0.00%
Franc	26:45.0	24:44.6	24:04.5	26:45.0	24	0.00%
Sam	27:07.0	25:05.0	24:24.3	27:07.0	25	0.00%
Ben E	16:28.0	15:13.9	14:49.2	16:28.0	26	0.00%
Shaft	28:53.0	26:43.0	25:59.7	28:53.0	27	0.00%
James	29:30.0	27:17.3	26:33.0	29:30.0	28	0.00%
Jaf	29:53.0	27:38.5	26:53.7	29:53.0	29	0.00%